2026 Sao Paulo Grand Prix

Autodromo Jose Carlos Pace (Interlagos) - Round 20 of 23 - all times ET

Session	Day	Start (ET)
FP1	Friday, Nov. 6	**10:30 AM**
FP2	Friday, Nov. 6	**2:00 PM**
FP3	Saturday, Nov. 7	**9:30 AM**
Qualifying	Saturday, Nov. 7	**1:00 PM**
Race (71 laps)	Sunday, Nov. 8	**12:00 PM**

How to watch (US)

Apple TV is the exclusive US home of Formula 1 in 2026. There is no sprint this year; the sprint returns in 2027.