2026 NFL Week 8 Pick’em Sheet (with Odds)

Oct 29 - Nov 2 | Spreads, totals and moneylines | Last updated October 27, 2026

DATE	MATCHUP (Away at Home)	SPREAD	O/U	ML (Away/Home)	MY PICK
Thu Oct 29	Carolina Panthers at Green Bay Packers	**Packers -3.5**	48.0	+170 / -195	
Sun Nov 1	Arizona Cardinals at Dallas Cowboys	**Cowboys -0.5**	OFF	-105 / -105	
Sun Nov 1	Atlanta Falcons at Tampa Bay Buccaneers	**Buccaneers -2.5**	46.0	+115 / -130	
Sun Nov 1	Baltimore Ravens at Buffalo Bills	**Bills -3.5**	53.0	EVEN / EVEN	
Sun Nov 1	Cleveland Browns at Pittsburgh Steelers	**Steelers -3.5**	39.0	+165 / -185	
Sun Nov 1	Indianapolis Colts at Jacksonville Jaguars	**Jaguars -8.5**	46.5	+310 / -395	
Sun Nov 1	Las Vegas Raiders at New York Jets	**Jets -1.5**	45.0	-110 / -105	
Sun Nov 1	Minnesota Vikings at Detroit Lions	**Lions -3.5**	46.0	+155 / -175	
Sun Nov 1	Tennessee Titans at Cincinnati Bengals	**Bengals -10.5**	46.5	+400 / -535	
Sun Nov 1	Los Angeles Chargers at Los Angeles Rams	**Rams -6.5**	44.0	+255 / -310	
Sun Nov 1	Kansas City Chiefs at Denver Broncos	**Chiefs -1.5**	41.0	EVEN / EVEN	
Sun Nov 1	New England Patriots at Miami Dolphins	**Patriots -7.5**	44.5	-355 / +285	
Sun Nov 1	Philadelphia Eagles at Washington Commanders	**Commanders -0.5**	OFF	-105 / -105	
Mon Nov 2	Chicago Bears at Seattle Seahawks	**Seahawks -3.5**	46.5	+150 / -170	

On bye: Houston, New York Giants, New Orleans, San Francisco. Leave bye teams off your sheet this week.

Tiebreaker: total combined points in the Monday night game, Chicago Bears at Seattle Seahawks (Mon Nov 2).

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How to score: circle the team you think covers the spread in each game, then total your correct picks. Spread picks win if your team covers; for a simpler office pool, ignore the spread and just pick the winner. Lock entries before the Thursday night kickoff.

Odds are an aggregate of major sportsbooks and reflect the current number. The home team is listed second. Lines lock once each game kicks off. Must be 21 or older. If you or someone you know has a gambling problem, call 1-800-GAMBLER.