

Seattle Seahawks 2026

PACIFIC TIME

Every 2026 NFC West game with kickoff time in Pacific and TV network. Later kickoffs shown TBD until networks and flex scheduling set them.

Wk	Date	Opponent	Time (PT)	TV
1	Wed, Sept 9	vs. New England Patriots	5:20 PM	NBC
2	Sun, Sept 20	@ Arizona Cardinals	1:25 PM	FOX
3	Sun, Sept 27	@ Washington Commanders	10:00 AM	FOX
4	Sun, Oct 4	vs. Los Angeles Chargers	1:25 PM	CBS
5	Sun, Oct 11	vs. San Francisco 49ers	1:25 PM	FOX
6	Thu, Oct 15	@ Denver Broncos	5:15 PM	Prime Video
7	Sun, Oct 25	vs. Kansas City Chiefs	5:20 PM	NBC
8	Mon, Nov 2	vs. Chicago Bears	5:15 PM	ESPN
9	Sun, Nov 8	vs. Arizona Cardinals	1:25 PM	FOX
10	Sun, Nov 15	@ Las Vegas Raiders	1:05 PM	CBS
11		BYE WEEK		
12	Sun, Nov 29	@ San Francisco 49ers	1:25 PM	FOX
13	Mon, Dec 7	vs. Dallas Cowboys	5:15 PM	ESPN/ABC
14	Sun, Dec 13	vs. New York Giants	1:25 PM	FOX
15	Sat, Dec 19	@ Philadelphia Eagles	2:00 PM	FOX
16	Fri, Dec 25	vs. Los Angeles Rams	5:15 PM	FOX
17	Sun, Jan 3	@ Carolina Panthers	10:00 AM	FOX
18	TBD - Flex	@ Los Angeles Rams	TBD	TBD