

2026 NFL Week 6 Pick'em Sheet

Spreads, Totals & Moneylines • October 15-19, 2026

Lines updated September 29, 2026. Home team listed second; spread names the favorite.

DATE	MATCHUP (AWAY AT HOME)	SPREAD	O/U	ML (A/H)	MY PICK
Thu Oct 15	Seattle Seahawks at Denver Broncos	Seahawks -1.5	43.5	-130 / +110	
Sun Oct 18	Houston Texans at Jacksonville Jaguars	Jaguars -1.5	42.5	-110 / -110	
Sun Oct 18	Baltimore Ravens at Cleveland Browns	Ravens -6.5	44.5	-265 / +215	
Sun Oct 18	Carolina Panthers at Philadelphia Eagles	Eagles -6.5	43.5	+220 / -270	
Sun Oct 18	Chicago Bears at Atlanta Falcons	Bears -3.5	47.5	-155 / +130	
Sun Oct 18	New Orleans Saints at New York Giants	Giants -2.5	44.5	+115 / -135	
Sun Oct 18	New York Jets at New England Patriots	Patriots -9.5	42.5	+340 / -440	
Sun Oct 18	Pittsburgh Steelers at Tampa Bay Buccaneers	Buccaneers -1.5	45.5	+105 / -125	
Sun Oct 18	Tennessee Titans at Indianapolis Colts	Colts -3.5	47.5	+160 / -190	
Sun Oct 18	Arizona Cardinals at Los Angeles Rams	Rams -13.5	47.5	+500 / -700	
Sun Oct 18	Buffalo Bills at Las Vegas Raiders	Bills -6.5	47.5	-270 / +220	
Sun Oct 18	Los Angeles Chargers at Kansas City Chiefs	Chiefs -2.5	46.5	+120 / -140	
Sun Oct 18	Dallas Cowboys at Green Bay Packers	Packers -3.5	51.5	+140 / -165	
Mon Oct 19	Washington Commanders at San Francisco 49ers	49ers -5.5	50.5	+205 / -250	

On bye: Cincinnati Bengals, Detroit Lions, Miami Dolphins, Minnesota Vikings

Tiebreaker: total combined points in the Monday night game, Washington Commanders at San Francisco 49ers.

For entertainment only. Must be 21+ and physically present where sports betting is legal. Problem gambling? Call 1-800-GAMBLER.