

2026 NFL Week 5 Pick'em Sheet

Spreads, Totals & Moneylines • October 8-12, 2026

Lines updated September 29, 2026. Home team listed second; spread names the favorite.

DATE	MATCHUP (AWAY AT HOME)	SPREAD	O/U	ML (A/H)	MY PICK
Thu Oct 8	Tampa Bay Buccaneers at Dallas Cowboys	Cowboys -3.5	52.5	+170 / -205	
Sun Oct 11	Philadelphia Eagles at Jacksonville Jaguars	Eagles -1.5	45.5	-125 / +105	
Sun Oct 11	Cincinnati Bengals at Miami Dolphins	Bengals -6.5	49.5	-270 / +220	
Sun Oct 11	Cleveland Browns at New York Jets	Jets -1.5	39.5	+110 / -130	
Sun Oct 11	Houston Texans at Tennessee Titans	Texans -3.5	43.5	-190 / +160	
Sun Oct 11	Indianapolis Colts at Pittsburgh Steelers	Steelers -2.5	47.5	+120 / -140	
Sun Oct 11	Las Vegas Raiders at New England Patriots	Patriots -8.5	44.5	+310 / -395	
Sun Oct 11	Minnesota Vikings at New Orleans Saints	Vikings -1.5	44.5	-125 / +105	
Sun Oct 11	New York Giants at Washington Commanders	Commanders -2.5	48.5	+110 / -130	
Sun Oct 11	Denver Broncos at Los Angeles Chargers	Chargers -2.5	44.5	+115 / -135	
Sun Oct 11	Chicago Bears at Green Bay Packers	Packers -3.5	49.5	+140 / -165	
Sun Oct 11	Detroit Lions at Arizona Cardinals	Lions -8.5	48.5	-395 / +310	
Sun Oct 11	San Francisco 49ers at Seattle Seahawks	Seahawks -3.5	48.5	+165 / -200	
Sun Oct 11	Baltimore Ravens at Atlanta Falcons	Ravens -4.5	48.5	-220 / +180	
Mon Oct 12	Buffalo Bills at Los Angeles Rams	Rams -3.5	53.5	+140 / -165	

On bye: Carolina Panthers, Kansas City Chiefs

Tiebreaker: total combined points in the Monday night game, Buffalo Bills at Los Angeles Rams.

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