

NFL Primetime in Pacific Time

CHEAT SHEET

West Coast quick reference: subtract 3 hours from Eastern. Every NFL viewing window and primetime slot in Pacific Time, with the network.

Weekly windows

Window	Kickoff (PT)	Kickoff (ET)	Network
Thursday Night Football	5:15 PM PT	8:15 PM ET	Prime Video (Amazon)
Sunday early window	10:00 AM PT	1:00 PM ET	CBS / FOX
Sunday late window	1:05-1:25 PM PT	4:05-4:25 PM ET	CBS / FOX
Sunday Night Football	5:20 PM PT	8:20 PM ET	NBC / Peacock
Monday Night Football	5:15 PM PT	8:15 PM ET	ESPN / ABC

Special weeks

Window	Kickoff (PT)	Kickoff (ET)	Network
International (London/etc.)	6:30 or 7:30 AM PT	9:30/10:30 AM ET	NFL Net / Prime / others
Thanksgiving (3 games)	9:30 AM, 1:30 PM, 5:20 PM PT	12:30/4:30/8:20 PM ET	CBS / FOX / NBC
Black Friday	12:00 PM PT	3:00 PM ET	Prime Video
Christmas Day	varies	varies	Netflix / others

Note: Arizona and Las Vegas are on Mountain Time but align with Pacific in the fall and winter. Christmas Day windows vary by year and carrier.