

Washington Commanders 2026 Roster

Active roster - Updated September 30, 2026 - 56 players

Offense (28)

#	Player	Pos	Age	Ht	Wt	Exp	College
67	Nick Allegretti	G	30	6' 4"	310	8	Illinois
31	Kaytron Allen	RB	23	5' 11"	217	R	Penn State
87	John Bates	TE	28	6' 6"	256	6	Boise State
6	Dyami Brown	WR	26	6' 0"	195	6	North Carolina
13	Treylon Burks	WR	26	6' 2"	225	5	Arkansas
74	Brandon Coleman	G	25	6' 6"	320	3	TCU
72	Josh Conerly Jr.	OT	22	6' 4"	315	2	Oregon
76	Sam Cosmi	G	27	6' 7"	309	6	Texas
22	Jacory Croskey-Merritt	RB	25	5' 11"	208	2	Arizona
5	Jayden Daniels	QB	25	6' 4"	210	3	LSU
3	Stefon Diggs	WR	32	6' 0"	191	12	Maryland
30	Austin Ekeler	RB	31	5' 10"	200	9	Western Colorado
61	Julian Good-Jones	G	29	6' 5"	313	2	Iowa State
66	Matt Gulbin	C	23	6' 4"	312	R	Michigan State
16	Athan Kaliakmanis	QB	23	6' 2"	216	R	Rutgers
83	Jaylin Lane	WR	24	5' 10"	196	2	Virginia Tech
8	Marcus Mariota	QB	32	6' 4"	222	12	Oregon
11	Luke McCaffrey	WR	25	6' 2"	195	3	Rice
17	Terry McLaurin	WR	31	6' 0"	210	8	Ohio State
85	Chig Okonkwo	TE	27	6' 3"	238	5	Maryland
63	Lucas Patrick	G	33	6' 3"	313	10	Duke
75	Chris Paul	G	27	6' 4"	324	5	Tulsa
82	Ben Sinnott	TE	24	6' 4"	245	3	Kansas State
62	Tanoa Togiai	G	25	6' 6"	321	R	Utah
1	Rachaad White	RB	27	6' 0"	214	5	Arizona State
14	Antonio Williams	WR	22	5' 11"	195	R	Clemson
71	Andrew Wylie	G	32	6' 5"	304	9	Eastern Michigan
80	Colson Yankoff	TE	26	6' 4"	225	3	UCLA

Defense (25)

#	Player	Pos	Age	Ht	Wt	Exp	College
92	Dorance Armstrong	DE	29	6' 4"	255	9	Kansas
50	Ricky Barber	DT	25	6' 3"	295	1	UCF
35	Percy Butler	S	26	6' 0"	190	5	Louisiana
45	K'Lavon Chaisson	LB	27	6' 3"	255	7	LSU
25	Nick Cross	S	25	6' 0"	212	5	Maryland
29	Rasul Douglas	CB	31	6' 2"	209	9	West Virginia

#	Player	Pos	Age	Ht	Wt	Exp	College
41	Javontae Jean-Baptiste	LB	26	6' 4"	260	3	Notre Dame
48	Joshua Josephs	LB	22	6' 3"	240	R	Tennessee
51	Ale Kaho	LB	26	6' 2"	230	2	UCLA
99	Javon Kinlaw	DT	28	6' 5"	319	7	South Carolina
4	Frankie Luvu	LB	30	6' 3"	235	9	Washington State
20	Quan Martin	S	26	6' 0"	195	4	Illinois
56	Kain Medrano	LB	25	6' 3"	230	2	UCLA
24	Fabian Moreau	CB	32	6' 0"	204	10	UCLA
90	Charles Omenihu	DE	29	6' 5"	280	8	Texas
98	Odafe Oweh	LB	27	6' 5"	251	6	Penn State
18	Tyler Owens	S	25	6' 2"	213	3	Texas Tech
94	Daron Payne	DT	29	6' 3"	320	9	Alabama
39	Jeremy Reaves	S	30	5' 11"	200	7	South Alabama
2	Amik Robertson	CB	28	5' 9"	183	7	Louisiana Tech
0	Mike Sainristil	CB	25	5' 10"	182	3	Michigan
97	Tim Settle	DT	29	6' 3"	315	9	Virginia Tech
52	Sonny Styles	LB	21	6' 5"	243	R	Ohio State
96	Shy Tuttle	DT	30	6' 3"	300	8	Tennessee
37	Isaac Yiadom	CB	30	6' 1"	188	9	Boston College

Special Teams (3)

#	Player	Pos	Age	Ht	Wt	Exp	College
69	Tyler Ott	LS	34	6' 3"	252	12	Harvard
19	Drew Stevens	PK	22	6' 1"	213	R	Iowa
10	Tress Way	P	36	6' 1"	220	13	Oklahoma