

Pittsburgh Steelers 2026 Roster

53-MAN ROSTER

Updated September 2, 2026

Offense (26)

#	Player	Pos	Age	Ht	Wt	Exp	College
8	Aaron Rodgers	QB	42	6' 2"	223	22	California
2	Mason Rudolph	QB	30	6' 5"	235	9	Oklahoma State
18	Will Howard	QB	24	6' 4"	236	2	Ohio State
16	Drew Allar	QB	22	6' 5"	228	0	Penn State
30	Jaylen Warren	RB	27	5' 8"	215	5	Oklahoma State
13	Rico Dowdle	RB	28	5' 11"	215	7	South Carolina
29	Eli Heidenreich	RB	-	6' 0"	198	0	Navy
37	Riley Nowakowski	FB	-	6' 2"	250	0	Indiana
4	DK Metcalf	WR	28	6' 4"	229	8	Ole Miss
11	Michael Pittman Jr.	WR	28	6' 4"	223	7	USC
14	Roman Wilson	WR	25	5' 10"	186	3	Michigan
17	Germie Bernard	WR	22	6' 1"	206	0	Alabama
15	Ben Skowronek	WR	28	6' 3"	224	6	Notre Dame
10	Kaden Wetjen	WR	-	5' 9"	196	0	Iowa
88	Pat Freiermuth	TE	27	6' 5"	258	6	Penn State
80	Darnell Washington	TE	24	6' 7"	264	4	Georgia
85	Robert Tonyan	TE	32	6' 5"	240	8	Indiana State
76	Troy Fautanu	OT	25	6' 4"	317	3	Washington
71	Max Iheanachor	OT	22	6' 6"	321	0	Arizona State
60	Dylan Cook	OT	28	6' 6"	305	3	Montana
54	Zach Frazier	C	24	6' 3"	310	3	West Virginia
66	Mason McCormick	G	26	6' 5"	315	3	South Dakota State
74	Spencer Anderson	G	26	6' 5"	305	4	Maryland
67	Brock Hoffman	C	26	6' 4"	302	5	Virginia Tech
73	Gennings Dunker	G	23	6' 5"	319	0	Iowa
62	Ryan McCollum	C	28	6' 5"	300	4	Texas A&M

Defense (24)

#	Player	Pos	Age	Ht	Wt	Exp	College
97	Cameron Heyward	DT	37	6' 5"	295	16	Ohio State
95	Keeanu Benton	DT	24	6' 4"	309	4	Wisconsin
99	Derrick Harmon	DT	22	6' 4"	313	2	Oregon
94	Yahya Black	DE	24	6' 5"	336	2	Iowa
69	Sebastian Joseph-Day	DT	31	6' 4"	310	8	Rutgers
96	Gabriel Rubio	DE	-	6' 5"	321	0	Notre Dame
92	Kevin Jobity Jr.	DT	-	6' 4"	300	0	Syracuse
90	T.J. Watt	LB	31	6' 4"	252	10	Wisconsin
56	Alex Highsmith	LB	28	6' 4"	242	7	Charlotte
51	Nick Herbig	LB	24	6' 2"	240	4	Wisconsin
33	Jack Sawyer	LB	24	6' 4"	260	2	Ohio State

#	Player	Pos	Age	Ht	Wt	Exp	College
6	Patrick Queen	LB	26	6' 0"	232	7	LSU
41	Payton Wilson	LB	26	6' 4"	242	3	NC State
44	Carson Bruener	LB	25	6' 1"	227	2	Washington
55	Cole Holcomb	LB	29	6' 1"	240	8	North Carolina
24	Joey Porter Jr.	CB	25	6' 2"	193	4	Penn State
35	Jamel Dean	CB	29	6' 1"	206	8	Auburn
5	Jalen Ramsey	CB	31	6' 1"	211	11	Florida State
22	Asante Samuel Jr.	CB	26	5' 10"	180	6	Florida State
26	Brandin Echols	CB	28	5' 10"	179	6	Kentucky
23	Daylen Everette	CB	22	6' 1"	196	0	Georgia
3	Jaquan Brisker	S	27	6' 1"	204	5	Penn State
28	Robert Spears-Jennings	S	-	6' 1"	205	0	Oklahoma
-	Rayshawn Jenkins	S	-	-	-	-	-

Special Teams (3)

#	Player	Pos	Age	Ht	Wt	Exp	College
9	Chris Boswell	PK	35	6' 2"	185	12	Rice
19	Cameron Johnston	P	34	5' 11"	194	9	Ohio State
46	Christian Kuntz	LS	32	6' 1"	228	6	Duquesne

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