

2026 NFL Week 1 Pick'em Sheet

SPREADS | TOTALS | CHECK YOUR PICK FOR EVERY GAME

SportsBrackets.net

Odds as posted; confirm before kickoff

DATE	AWAY (check pick)	HOME (check pick)	SPREAD	TOTAL	O / U
Wed Sep 9	☐ Patriots	☐ Seahawks	Seahawks -3.5	44.5	O U
Thu Sep 10 <i>Australia</i>	☐ 49ers	☐ Rams	Rams -3.5	48.0	O U
Sun Sep 13	☐ Saints	☐ Lions	Lions -7.5	50.0	O U
Sun Sep 13	☐ Bears	☐ Panthers	Bears -2.5	47.0	O U
Sun Sep 13	☐ Ravens	☐ Colts	Ravens -3.5	48.0	O U
Sun Sep 13	☐ Bills	☐ Texans	Texans -0.5	44.5	O U
Sun Sep 13	☐ Falcons	☐ Steelers	Steelers -3.5	42.0	O U
Sun Sep 13	☐ Buccaneers	☐ Bengals	Bengals -4.5	50.5	O U
Sun Sep 13	☐ Browns	☐ Jaguars	Jaguars -8.5	40.5	O U
Sun Sep 13	☐ Jets	☐ Titans	Titans -1.5	39.5	O U
Sun Sep 13	☐ Commanders	☐ Eagles	Eagles -5.5	44.5	O U
Sun Sep 13	☐ Packers	☐ Vikings	Vikings -1.5	46.0	O U
Sun Sep 13	☐ Cardinals	☐ Chargers	Chargers -10.5	47.0	O U
Sun Sep 13	☐ Dolphins	☐ Raiders	Raiders -3.5	40.5	O U
Sun Sep 13	☐ Cowboys	☐ Giants	Cowboys -2.5	48.0	O U
Mon Sep 14 <i>MNF</i>	☐ Broncos	☐ Chiefs	Chiefs -2.5	43.5	O U

TIEBREAKER - Total points in Monday night's Broncos at Chiefs: _____

Check the box next to your pick in each game and circle O (over) or U (under) for the total. Home team listed second.