

Detroit Lions 2026 Roster

Active roster - Updated September 30, 2026 - 56 players

Offense (24)

#	Player	Pos	Age	Ht	Wt	Exp	College
78	Ben Barch	G	28	6' 6"	318	7	Saint John's (MN)
79	Larry Borom	OT	27	6' 5"	325	6	Missouri
83	Tyler Conklin	TE	31	6' 3"	245	9	Central Michigan
11	Joshua Dobbs	QB	31	6' 3"	216	9	Tennessee
71	Miles Frazier	G	25	6' 6"	325	2	LSU
0	Jahmyr Gibbs	RB	24	5' 9"	202	4	Alabama
16	Jared Goff	QB	31	6' 4"	217	11	California
38	Justin Jackson	RB	30	6' 0"	199	6	Northwestern
85	Tom Kennedy	WR	30	5' 10"	195	4	Bryant
87	Sam LaPorta	TE	25	6' 3"	245	4	Iowa
73	Christian Mahogany	G	25	6' 3"	330	3	Boston College
17	Tay Martin	WR	28	6' 3"	186	1	Oklahoma State
65	Seth McLaughlin	C	25	6' 4"	304	1	Ohio State
13	Jackson Meeks	WR	23	6' 2"	235	1	Syracuse
76	Blake Miller	OT	22	6' 6"	320	R	Clemson
69	Tate Ratledge	G	25	6' 6"	322	2	Georgia
25	Jacob Saylor	RB	26	5' 11"	195	2	East Tennessee State
70	Juice Scruggs	G	26	6' 3"	320	4	Penn State
58	Penei Sewell	OT	25	6' 5"	335	6	Oregon
14	Amon-Ra St. Brown	WR	26	6' 0"	202	6	USC
18	Isaac TeSlaa	WR	24	6' 4"	214	2	Arkansas
33	Sione Vaki	RB	25	5' 11"	216	3	Utah
1	Jameson Williams	WR	25	6' 1"	184	5	Alabama
89	Brock Wright	TE	27	6' 5"	254	6	Notre Dame

Defense (29)

#	Player	Pos	Age	Ht	Wt	Exp	College
6	Keith Abney II	CB	21	5' 9"	187	R	Arizona State
55	Derrick Barnes	LB	27	6' 0"	240	6	Purdue
46	Jack Campbell	LB	26	6' 5"	246	4	Iowa
36	Chuck Clark	S	31	6' 0"	210	10	Virginia Tech
30	Khalil Dorsey	CB	28	5' 8"	190	6	Northern Arizona
34	Bishop Fitzgerald	S	23	5' 11"	201	R	USC
50	Skyler Gill-Howard	DT	23	6' 0"	280	R	Texas Tech
99	Ahmed Hassanein	DE	24	6' 2"	275	1	Boise State
97	Aidan Hutchinson	DE	26	6' 7"	268	5	Michigan
5	Christian Izien	S	26	5' 10"	206	4	Rutgers

#	Player	Pos	Age	Ht	Wt	Exp	College
93	Tyler Lacy	DT	26	6' 4"	300	4	Oklahoma State
21	Roger McCreary	CB	26	5' 11"	190	5	Auburn
54	Alim McNeill	DT	26	6' 2"	310	6	NC State
13	Jalen Mills	S	32	6' 0"	191	10	LSU
8	Derrick Moore	DE	23	6' 3"	260	R	Michigan
53	Trevor Nowaske	LB	27	6' 3"	237	4	Saginaw Valley State
66	Eric O'Neill	DE	23	6' 2"	250	R	Rutgers
57	Amen Ogbongbemiga	LB	28	6' 0"	231	6	Oklahoma State
95	Levi Onwuzurike	DE	28	6' 3"	304	6	Washington
2	Ennis Rakestraw Jr.	CB	24	5' 11"	192	3	Missouri
4	D.J. Reed	CB	29	5' 9"	190	9	Kansas State
44	Malcolm Rodriguez	LB	27	5' 11"	230	5	Oklahoma State
41	Jimmy Rolder	LB	22	6' 2"	238	R	Michigan
96	Ben Stille	DT	28	6' 4"	296	3	Nebraska
45	Devin White	LB	28	6' 0"	237	8	LSU
91	Tyleik Williams	DT	23	6' 3"	325	2	Ohio State
94	Mekhi Wingo	DT	23	6' 0"	282	3	LSU
98	DJ Wonnum	LB	28	6' 5"	262	7	South Carolina
23	Rock Ya-Sin	CB	30	5' 11"	195	8	Temple

Special Teams (3)

#	Player	Pos	Age	Ht	Wt	Exp	College
39	Jake Bates	PK	27	5' 10"	205	3	Arkansas
3	Jack Fox	P	30	6' 2"	218	7	Rice
49	Hogan Hatten	LS	26	6' 2"	239	3	Idaho