

2026 Vuelta a Espana: Schedule & Pool Sheet

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Aug 22 to Sep 13 • 21 stages • write in your pick for each stage winner

STG	DATE	START	FINISH	TYPE	YOUR STAGE WINNER PICK
1	Aug 22	Monaco	Monaco	ITT	
2	Aug 23	Monaco	Manosque	Hilly	
3	Aug 24	Gruissan	Font Romeu	Mountain	
4	Aug 25	Andorra la Vella	Andorra la Vella	Mountain	
5	Aug 26	Falset	Roquetes	Hilly	
6	Aug 27	Alcossebre	Castello	Hilly	
7	Aug 28	Vall d'Alba	Valdelinares	Mountain	
8	Aug 29	Puol	Xeraco	Flat	
9	Aug 30	La Vila Joiosa	Alto de Aitana	Mountain	
Rest Day • Aug 31					
10	Sep 1	Alcaraz	Elche de la Sierra	Hilly	
11	Sep 2	Cartagena	Lorca	Flat	
12	Sep 3	Vera	Calar Alto	Mountain	
13	Sep 4	Almunecar	Loja	Hilly	
14	Sep 5	Jaen	Sierra de la Pandera	Mountain	
15	Sep 6	Palma del Rio	Cordoba	Hilly	
Rest Day • Sep 7					
16	Sep 8	Cortegana	La Rabida	Flat	
17	Sep 9	Dos Hermanas	Sevilla	Flat	
18	Sep 10	El Puerto	Jerez	ITT	
19	Sep 11	Velez-Malaga	Penas Blancas	Mountain	
20	Sep 12	La Calahorra	Collado del Alguacil	Mountain	
21	Sep 13	Granada	Granada	Hilly	

Terrain: ITT = individual time trial. Your overall (GC) winner pick: _____ Best sprinter (green): _____ King of the Mountains (polka dot): _____