

List of Big 12 Teams

All 16 teams for the 2026 season

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| 1. Arizona Wildcats | 9. Kansas Jayhawks |
| 2. Arizona State Sun Devils | 10. Kansas State Wildcats |
| 3. Baylor Bears | 11. Oklahoma State Cowboys |
| 4. BYU Cougars | 12. TCU Horned Frogs |
| 5. Cincinnati Bearcats | 13. Texas Tech Red Raiders |
| 6. Colorado Buffaloes | 14. UCF Knights |
| 7. Houston Cougars | 15. Utah Utes |
| 8. Iowa State Cyclones | 16. West Virginia Mountaineers |