

2026 USATF Outdoor Championships

Icahn Stadium, NYC | July 23 - 26 | NBC, Peacock & USATF.TV

The 2026 Toyota USATF Outdoor and Para National Championships run July 23-26 at Icahn Stadium on Randall's Island, New York City. National titles and 2026 team spots are on the line. Broadcast windows below are Eastern time and subject to change.

Day	Time (ET)	Session	Watch On
Thursday, Jul 23	8:00 AM	Morning session	USATF.TV
Thursday, Jul 23	12:00 - 4:00 PM	Para events	Peacock
Friday, Jul 24	8:00 AM	Morning session	USATF.TV
Friday, Jul 24	1:30 - 4:00 PM	Para events	Peacock
Friday, Jul 24	6:00 - 8:00 PM	Evening finals	Peacock / NBCSN
Saturday, Jul 25	8:00 AM	Morning session	USATF.TV
Saturday, Jul 25	11:00 AM - 1:30 PM	Para events	Peacock
Saturday, Jul 25	2:00 - 6:00 PM	Finals	NBC / Peacock
Sunday, Jul 26	8:00 AM	Morning session	USATF.TV
Sunday, Jul 26	4:00 - 6:00 PM	Championship finals	NBC / Peacock

Stars to watch include Noah Lyles, Sha'Carri Richardson, Tara Davis-Woodhall, and 17-year-old phenom Cooper Lutkenhaus. Morning qualifying rounds stream on USATF.TV; the evening finals are on NBC, NBCSN, and Peacock.