

# 2026 TOUR DE FRANCE - STAGE & YELLOW JERSEY TRACKER

113th edition • July 4-26 • 21 stages, Barcelona to Paris • fill in each stage winner and the overall (GC) leader



Yellow = overall leader (GC)



Green = points / sprinter



Polka dot = King of the Mountains



White = best young rider (<=25)

ST	DATE	ROUTE	TYPE	STAGE WINNER	YELLOW JERSEY (GC)
1	Sat Jul 4	Barcelona to Barcelona	Team time trial	_____	_____
2	Sun Jul 5	Tarragona to Barcelona	Hills	_____	_____
3	Mon Jul 6	Granollers to Les Angles	Mountains	_____	_____
4	Tue Jul 7	Carcassonne to Foix	Hills	_____	_____
5	Wed Jul 8	Lannemezan to Pau	Flat	_____	_____
6	Thu Jul 9	Pau to Gavarnie-Gedre	Mountains	_____	_____
7	Fri Jul 10	Hagetmau to Bordeaux	Flat	_____	_____
8	Sat Jul 11	Perigueux to Bergerac	Flat	_____	_____
9	Sun Jul 12	Malemort to Ussel	Hills	_____	_____
<i>Mon Jul 13 - Rest day</i>					
10	Tue Jul 14	Aurillac to Le Lioran	Hills	_____	_____
11	Wed Jul 15	Vichy to Nevers	Flat	_____	_____
12	Thu Jul 16	Magny-Cours to Chalon-sur-Saone	Flat	_____	_____
13	Fri Jul 17	Dole to Belfort	Hills	_____	_____
14	Sat Jul 18	Mulhouse to Le Markstein	Mountains	_____	_____
15	Sun Jul 19	Champagnole to Plateau de Solaison	Mountains	_____	_____
<i>Mon Jul 20 - Rest day</i>					
16	Tue Jul 21	Evian-les-Bains to Thonon-les-Bains	Individual time trial	_____	_____
17	Wed Jul 22	Chambery to Voiron	Flat	_____	_____
18	Thu Jul 23	Voiron to Orcieres-Merlette	Mountains	_____	_____
19	Fri Jul 24	Gap to Alpe d'Huez	Mountains	_____	_____
20	Sat Jul 25	Le Bourg-d'Oisans to Alpe d'Huez	Mountains	_____	_____
21	Sun Jul 26	Thoiry to Paris (Montmartre finale)	Flat	_____	_____