

# 2026 TOUR DE FRANCE FEMMES

## PRINTABLE STAGE TRACKER

Aug 1-9, 2026 · 9 stages · Lausanne to Nice · Mont Ventoux debut · 1,175 km · SportsBrackets.net

| St | Date  | Route                               | Dist   | Type       | Stage winner | Yellow jersey (GC) |
|----|-------|-------------------------------------|--------|------------|--------------|--------------------|
| 1  | Aug 1 | Lausanne to Lausanne (SUI)          | 137 km | Flat       |              |                    |
| 2  | Aug 2 | Aigle to Geneva (SUI)               | 149 km | Flat       |              |                    |
| 3  | Aug 3 | Geneva (SUI) to Poligny             | 157 km | Hilly      |              |                    |
| 4  | Aug 4 | Gevrey-Chambertin to Dijon          | 21 km  | Time trial |              |                    |
| 5  | Aug 5 | Macon to Belleville-en-Beaujolais   | 140 km | Hilly      |              |                    |
| 6  | Aug 6 | Montbrison to Tournon-sur-Rhone     | 153 km | Hilly      |              |                    |
| 7  | Aug 7 | La Voulte-sur-Rhone to Mont Ventoux | 144 km | Mountain*  |              |                    |
| 8  | Aug 8 | Sisteron to Nice                    | 175 km | Flat       |              |                    |
| 9  | Aug 9 | Nice to Nice                        | 99 km  | Mountain   |              |                    |

\* Stage 7 (Mont Ventoux) is the queen stage / summit finish. Stage 9 finishes in Nice (Promenade des Anglais).

### Jerseys to track:

 Yellow - overall (GC) leader       Green - points / sprints       Polka dot - mountains (climber)       White - best young rider