



Seattle Seahawks

2026 REGULAR-SEASON CALENDAR

sportsbrackets.net

All times ET

September 2026

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9 vsNE 8:20p NBC	10	11	12
13	14	15	16	17	18	19
20 @ARI 4:25p FOX	21	22	23	24	25	26
27 @WAS 1p FOX	28	29	30			

October 2026

S	M	T	W	T	F	S
				1	2	3
4 vsLAC 4:25p CBS	5	6	7	8	9	10
11 vsSF 4:25p FOX	12	13	14	15 @DEN 8:15p Prime	16	17
18	19	20	21	22	23	24
25 vsKC 8:20p NBC	26	27	28	29	30	31

November 2026

S	M	T	W	T	F	S
1	2 vsCHI 8:15p ESPN	3	4	5	6	7
8 vsARI 4:25p FOX	9	10	11	12	13	14
15 @LV 4:05p CBS	16	17	18	19	20	21
22 BYE	23	24	25	26	27	28
29 @SF 4:25p FOX	30					

December 2026

S	M	T	W	T	F	S
		1	2	3	4	5
6	7 vsDAL 8:15p ESPN	8	9	10	11	12
13 vsNYG 4:25p FOX	14	15	16	17	18	19 @PHI 5p FOX
20	21	22	23	24	25 vsLAR 8:15p FOX	26
27	28	29	30	31		

January 2027

S	M	T	W	T	F	S
					1	2
3 @CAR 1p FOX	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Legend & Notes

- Game day (vs = home, @ = away)
- Bye week (Week 11)

Week 18: @ LAR - date/time TBD (flex).

Dates/times subject to NFL flexible scheduling.