

2026 NFL Week 1 Pick'em Sheet - Spreads, Totals & Moneylines

SportsBrackets.net

Sept 9-14, 2026 - circle your pick - opening lines via FOX Sports / DraftKings (May 15), subject to change

Date	Matchup (Away at Home)	Spread	O/U	Moneyline	My Pick
Wed Sep 9	Patriots at Seahawks	Seahawks -3.5	44.5	SEA -205 / NE +170	
Thu Sep 10	49ers at Rams (Australia)	Rams -2.5	48.5	LAR -155 / SF +130	
Sun Sep 13	Saints at Lions	Lions -7	48.5	DET -325 / NO +260	
Sun Sep 13	Bears at Panthers	Bears -2.5	44.5	CHI -135 / CAR +114	
Sun Sep 13	Ravens at Colts	Ravens -3.5	49.5	BAL -185 / IND +154	
Sun Sep 13	Bills at Texans	Bills -1.5	45.5	BUF -112 / HOU -108	
Sun Sep 13	Falcons at Steelers	Steelers -3	42.5	PIT -175 / ATL +145	
Sun Sep 13	Buccaneers at Bengals	Bengals -3.5	50.5	CIN -198 / TB +164	
Sun Sep 13	Browns at Jaguars	Jaguars -7	40.5	JAX -285 / CLE +230	
Sun Sep 13	Jets at Titans	Titans -3	39.5	TEN -170 / NYJ +142	
Sun Sep 13	Commanders at Eagles	Eagles -5.5	46.5	PHI -238 / WAS +195	
Sun Sep 13	Packers at Vikings	Packers -1.5	44.5	GB -125 / MIN +105	
Sun Sep 13	Cardinals at Chargers	Chargers -11.5	45.5	LAC -625 / ARI +455	
Sun Sep 13	Dolphins at Raiders	Raiders -3	41.5	LV -180 / MIA +150	
Sun Sep 13	Cowboys at Giants	Cowboys -2.5	48.5	DAL -130 / NYG +110	
Mon Sep 14	Broncos at Chiefs	Chiefs -2.5	42.5	KC -155 / DEN +130	

Home team listed second. Spread favors the team shown. O/U = game total. For entertainment only. 21+. Gamble responsibly - call 1-800-GAMBLER.