



2026 LOS ANGELES RAMS

PRESEASON SCHEDULE

SoFi Stadium - Inglewood, CA

WK	DATE	OPPONENT	LOC	TIME (ET)
Wk 1	Sat, Aug 15	Kansas City Chiefs	@	4:00 PM Local
Wk 2	Sat, Aug 22	New Orleans Saints	vs.	4:00 PM Local
Wk 3	Thu, Aug 27	Los Angeles Chargers	@	10:00 PM Local

*All kickoff times listed in Eastern Time. Local market broadcasts available in team region.
TV assignments and exact kickoffs are subject to change as the league finalizes coverage.*