

2026 Washington Commanders Roster

Offseason / training-camp roster (trims to 53 for the regular season). From SportsBrackets.net

Offense

#	Player	Pos	Age	Ht	Wt	Exp	College
66	Matt Gulbin	C		6' 4"	312	0	Michigan State
61	Tyler Cooper	G	25	6' 5"	302	1	Minnesota
61	Julian Good-Jones	G	29	6' 5"	313	2	Iowa State
62	Tanoa Togia'i	G		6' 6"	321	0	Utah
64	Malaesala Aumavae-Laulu	G	27	6' 5"	344	3	Oregon
67	Nick Allegretti	G	30	6' 4"	310	8	Illinois
68	Timothy McKay	G	24	6' 4"	312	1	NC State
71	Andrew Wylie	G	31	6' 5"	304	9	Eastern Michigan
74	Brandon Coleman	G	25	6' 6"	320	3	TCU
75	Chris Paul	G	27	6' 4"	324	5	Tulsa
76	Sam Cosmi	G	27	6' 7"	309	6	Texas
72	Josh Conerly Jr.	OT	22	6' 4"	315	2	Oregon
73	Trent Scott	OT	32	6' 5"	320	9	Grambling
78	Laremy Tunsil	OT	31	6' 5"	313	11	Ole Miss
79	Foster Sarell	OT	27	6' 6"	322	5	Stanford
5	Jayden Daniels	QB	25	6' 4"	210	3	LSU
8	Marcus Mariota	QB	32	6' 4"	222	12	Oregon
15	Sam Hartman	QB	26	6' 1"	209	1	Notre Dame
16	Athan Kaliakmanis	QB		6' 2"	216	0	Rutgers
1	Rachaad White	RB	27	6' 0"	214	5	Arizona State
22	Jacory Croskey-Merritt	RB	25	5' 11"	208	2	Arizona
26	Jeremy McNichols	RB	30	5' 9"	205	6	Boise State
30	Robert Henry Jr.	RB		5' 9"	196	0	UTSA
31	Kaytron Allen	RB		5' 11"	217	0	Penn State
34	Jerome Ford	RB	26	5' 10"	210	5	Cincinnati
40	Quentin Moore	TE		6' 5"	260	0	Washington
46	Anthony Firkser	TE	31	6' 2"	241	8	Harvard
80	Colson Yankoff	TE	26	6' 4"	225	3	UCLA
82	Ben Sinnott	TE	24	6' 4"	245	3	Kansas State
85	Chig Okonkwo	TE	26	6' 3"	238	5	Maryland
87	John Bates	TE	28	6' 6"	256	6	Boise State
89	Lawrence Cager	TE	28	6' 5"	220	4	Georgia
6	Dyami Brown	WR	26	6' 0"	195	6	North Carolina
10	Chris Hilton Jr.	WR		6' 0"	188	0	LSU
11	Luke McCaffrey	WR	25	6' 2"	195	3	Rice
12	Van Jefferson	WR	29	6' 1"	200	7	Florida
13	Treyton Burks	WR	26	6' 2"	225	5	Arkansas
14	Antonio Williams	WR	21	5' 11"	195	0	Clemson
17	Terry McLaurin	WR	30	6' 0"	210	8	Ohio State
19	Nick Nash	WR	26	6' 3"	195	1	San José State
83	Jaylin Lane	WR	24	5' 10"	196	2	Virginia Tech

#	Player	Pos	Age	Ht	Wt	Exp	College
84	Jacoby Jones	WR	24	6' 3"	228	1	UCF
86	Jaden Bradley	WR		6' 4"	195	0	UNLV

Defense

#	Player	Pos	Age	Ht	Wt	Exp	College
0	Mike Sainristil	CB	25	5' 10"	182	3	Michigan
2	Amik Robertson	CB	27	5' 9"	183	7	Louisiana Tech
23	Trey Amos	CB	24	6' 1"	190	2	Ole Miss
24	Ahkello Witherspoon	CB	31	6' 2"	195	10	Colorado
29	Darius Rush	CB	26	6' 2"	198	2	South Carolina
34	Antonio Hamilton Sr.	CB	33	6' 0"	188	11	South Carolina Sta
37	Carlin Vigers	CB	25	6' 2"	200	1	UL Monroe
38	Fred Davis II	CB		6' 1"	200	0	Northwestern
46	Tre Hawkins III	CB	25	6' 3"	195	3	Old Dominion
53	DJ Johnson	DE	27	6' 4"	260	4	Oregon
59	T.J. Maguranyanga	DE	23	6' 4"	222	1	
90	Charles Omenihu	DE	28	6' 5"	280	8	Texas
91	Deatrich Wise Jr.	DE	31	6' 5"	280	9	Arkansas
92	Dorance Armstrong	DE	29	6' 4"	255	9	Kansas
93	Drake Jackson	DE	25	6' 4"	273	4	USC
	DJ Davidson	DT	28	6' 5"	320	5	Arizona State
50	Ricky Barber	DT	25	6' 3"	295	1	UCF
60	Jeffrey M'ba	DT		6' 6"	312	0	SMU
79	Shy Tuttle	DT	30	6' 3"	300	8	Tennessee
94	Daron Payne	DT	29	6' 3"	320	9	Alabama
95	Jer'Zhan Newton	DT	23	6' 2"	295	3	Illinois
97	Tim Settle	DT	28	6' 3"	315	9	Virginia Tech
99	Javon Kinlaw	DT	28	6' 5"	319	7	South Carolina
4	Frankie Luvu	LB	29	6' 3"	235	9	Washington State
45	K'Lavon Chaisson	LB	26	6' 3"	255	7	LSU
48	Joshua Josephs	LB		6' 3"	240	0	Tennessee
51	Ale Kaho	LB	26	6' 2"	230	2	UCLA
52	Sonny Styles	LB	21	6' 5"	243	0	Ohio State
54	Leo Chenal	LB	25	6' 3"	250	5	Wisconsin
55	Andre Carter II	LB	26	6' 5"	270	2	Army
56	Kain Medrano	LB	25	6' 3"	230	2	UCLA
57	Nick Bellore	LB	37	6' 1"	250	16	Central Michigan
58	Jordan Magee	LB	25	6' 3"	225	3	Temple
90	Javontae Jean-Baptiste	LB	26	6' 4"	260	3	Notre Dame
98	Odafe Oweh	LB	27	6' 5"	251	6	Penn State
	Qwuantrezz Knight	S	28	6' 0"	199	1	UCLA
3	Will Harris	S	30	6' 1"	206	8	Boston College
18	Tyler Owens	S	25	6' 2"	213	3	Texas Tech
20	Quan Martin	S	26	6' 0"	195	4	Illinois
25	Nick Cross	S	24	6' 0"	212	5	Maryland
35	Percy Butler	S	26	6' 0"	190	5	Louisiana

#	Player	Pos	Age	Ht	Wt	Exp	College
36	Malik Spencer	S		6' 1"	191	0	Michigan State
39	Jeremy Reaves	S	29	5' 11"	200	7	South Alabama
47	Robert McDaniel	S	25	6' 2"	207	1	Jackson State

Special Teams

#	Player	Pos	Age	Ht	Wt	Exp	College
69	Tyler Ott	LS	34	6' 3"	252	12	Harvard
10	Tress Way	P	36	6' 1"	220	13	Oklahoma
16	Jake Moody	PK	26	6' 1"	210	4	Michigan
19	Drew Stevens	PK		6' 1"	213	0	Iowa