

# 2026 San Francisco 49ers Roster

Offseason / training-camp roster (trims to 53 for the regular season). From SportsBrackets.net

## Offense

#	Player	Pos	Age	Ht	Wt	Exp	College
64	Jake Brendel	C	33	6' 4"	299	9	UCLA
66	Drake Nugent	C	25	6' 1"	300	1	Michigan
74	Brett Toth	C	29	6' 6"	304	7	Army
44	Kyle Juszczyk	FB	35	6' 2"	235	14	Harvard
65	Robert Jones	G	27	6' 4"	322	6	Middle Tennessee
75	Connor Colby	G	23	6' 5"	309	2	Iowa
77	Dominick Puni	G	26	6' 5"	313	3	Kansas
60	Brandon Parker	OT	30	6' 8"	320	8	North Carolina A&T
61	Zach Thomas	OT	28	6' 5"	308	4	San Diego State
62	Austen Pleasants	OT	28	6' 7"	330	2	Ohio
63	Nick Zakelj	OT	27	6' 6"	316	4	Fordham
67	Isaac Alarcon	OT	27	6' 7"	320	1	
68	Colton McKivitz	OT	29	6' 6"	301	7	West Virginia
69	Enrique Cruz Jr.	OT		6' 5"	313	0	Kansas
71	Trent Williams	OT	37	6' 5"	320	17	Oklahoma
74	Carver Willis	OT		6' 5"	303	0	Washington
76	Vederian Lowe	OT	27	6' 6"	320	5	Illinois
4	Adrian Martinez	QB	26	6' 2"	220	2	Kansas State
10	Mac Jones	QB	27	6' 3"	220	6	Alabama
13	Brock Purdy	QB	26	6' 1"	220	5	Iowa State
14	Kurtis Rourke	QB	25	6' 4"	220	1	Indiana
	Sincere McCormick	RB	25	5' 8"	204	3	UTSA
23	Christian McCaffrey	RB	30	5' 11"	210	10	Stanford
26	Kaelon Black	RB	24	5' 9"	208	0	Indiana
29	Jordan James	RB	22	5' 9"	208	2	Oregon
31	Isaac Guerendo	RB	25	6' 0"	221	3	Louisville
32	Patrick Taylor Jr.	RB	28	6' 2"	217	6	Memphis
	Khalil Dinkins	TE		6' 4"	226	0	Penn State
9	Brayden Willis	TE	26	6' 4"	240	4	Oklahoma
83	Hayden Rucci	TE	25	6' 5"	247	1	Wisconsin
85	George Kittle	TE	32	6' 4"	250	10	Iowa
88	Jake Tonges	TE	26	6' 4"	240	4	California
89	Luke Farrell	TE	28	6' 5"	250	6	Ohio State
	Wesley Grimes	WR		6' 2"	193	0	NC State
1	Ricky Pearsall	WR	25	6' 1"	189	3	Florida
3	Christian Kirk	WR	29	5' 11"	200	9	Texas A&M
4	Will Pauling	WR		5' 9"	183	0	Notre Dame
5	Mike Evans	WR	32	6' 5"	231	13	Texas A&M
7	Demarcus Robinson	WR	31	6' 1"	202	11	Florida
11	Brandon Aiyuk	WR	28	6' 0"	200	6	Arizona State
15	De'Zhaun Stribling	WR	23	6' 2"	207	0	Ole Miss

#	Player	Pos	Age	Ht	Wt	Exp	College
17	Jordan Watkins	WR	24	5' 11"	196	2	Ole Miss
19	Jacob Cowing	WR	25	5' 9"	171	3	Arizona
81	Malik Turner	WR	30	6' 2"	202	5	Illinois
84	Colton Dowell	WR	27	6' 3"	212	2	UT Martin
86	Junior Bergen	WR	23	5' 9"	184	1	Montana

## Defense

#	Player	Pos	Age	Ht	Wt	Exp	College
0	Renardo Green	CB	25	6' 0"	186	3	Florida State
2	Deommodore Lenoir	CB	26	5' 10"	200	6	Oregon
20	Upton Stout	CB	24	5' 9"	181	2	Western Kentucky
22	Nate Hobbs	CB	26	6' 0"	195	6	Illinois
24	Jack Jones	CB	28	5' 11"	175	5	Arizona State
28	Darrell Luter Jr.	CB	26	6' 0"	190	4	South Alabama
30	Eli Apple	CB	30	6' 1"	203	10	Ohio State
33	Siran Neal	CB	31	6' 0"	206	9	Jacksonville State
40	Derrick Canteen	CB	25	5' 10"	193	1	Cincinnati
41	Ephesians Prysock	CB		6' 3"	196	0	Washington
43	Jakob Robinson	CB	25	5' 10"	181	2	BYU
6	Mikail Kamara	DE		6' 1"	265	0	Indiana
50	Andrew Farmer II	DE	26	6' 4"	250	2	Lane College
56	Keion White	DE	27	6' 5"	290	4	Georgia Tech
69	William Bradley-King	DE	28	6' 4"	265	1	Baylor
94	Romello Height	DE	25	6' 2"	239	0	Texas Tech
96	Cameron Sample	DE	26	6' 3"	272	6	Tulane
97	Nick Bosa	DE	28	6' 4"	266	8	Ohio State
98	Mykel Williams	DE	21	6' 5"	267	2	Georgia
	Bryson Eason	DT		6' 3"	315	0	Tennessee
	James Thompson Jr.	DT		6' 6"	308	0	Illinois
55	Sebastian Valdez	DT	23	6' 3"	301	1	Washington
58	Evan Anderson	DT	24	6' 3"	326	2	Florida Atlantic
90	Kevin Givens	DT	29	6' 1"	285	7	Penn State
91	Sam Okuayinonu	DT	28	6' 1"	269	4	Maryland
92	Osa Odighizuwa	DT	27	6' 2"	294	6	UCLA
93	Gracen Halton	DT		6' 2"	293	0	Oklahoma
95	Alfred Collins	DT	24	6' 5"	332	2	Texas
99	C.J. West	DT	24	6' 1"	316	2	Indiana
	Larry Worth III	LB		6' 4"	225	0	Arkansas
41	Jalen Graham	LB	25	6' 3"	220	3	Purdue
45	Nick Martin	LB	23	5' 11"	221	2	Oklahoma State
48	Tatum Bethune	LB	25	6' 1"	230	3	Florida State
49	Garret Wallow	LB	27	6' 2"	230	6	TCU
51	Luke Gifford	LB	30	6' 3"	243	8	Nebraska
53	Jaden Dugger	LB		6' 4"	240	0	Louisiana
54	Fred Warner	LB	29	6' 3"	230	9	BYU
57	Dre Greenlaw	LB	29	6' 0"	230	8	Arkansas

#	Player	Pos	Age	Ht	Wt	Exp	College
	Ashtyn Davis	S	29	6' 1"	205	7	California
	Patrick McMorris	S	24	6' 0"	206	2	California
6	Malik Mustapha	S	23	5' 10"	206	3	Wake Forest
7	Jalen Stroman	S		6' 1"	201	0	Notre Dame
27	Ji'Ayir Brown	S	26	5' 11"	202	4	Penn State
36	Marques Sigle	S	23	5' 11"	199	2	Kansas State

### Special Teams

#	Player	Pos	Age	Ht	Wt	Exp	College
46	Jon Weeks	LS	40	5' 10"	242	17	Baylor
	Jack Bouwmeester	P		6' 3"	209	0	Texas
7	Corliss Waitman	P	30	6' 2"	210	4	South Alabama
18	Eddy Pineiro	PK	30	5' 11"	190	9	Florida

### Reserve / Out

#	Player	Pos	Age	Ht	Wt	Exp	College
29	Darrick Forrest	S	27	5' 11"	200	5	Cincinnati