

2028 LOS ANGELES RAMS SCHEDULE

SoFi Stadium - Inglewood, CA

The 2028 Los Angeles Rams regular season totals 17 games. Specific dates and kickoff times will be set when the NFL releases the 2028 schedule in May 2028. Standings-based opponents finalize after the 2027 regular season.

HOME GAMES (9)

Division (NFC West)

- Arizona Cardinals
- San Francisco 49ers
- Seattle Seahawks

Intra-Conference (NFC South)

- Atlanta Falcons
- Carolina Panthers

Inter-Conference (AFC East)

- New England Patriots
- New York Jets

Standings-Based

- NFC East TBD (based on 2027 finish)
- AFC West TBD (based on 2027 finish)

AWAY GAMES / ROAD TRIPS (8)

Division (NFC West)

- Arizona Cardinals
- San Francisco 49ers
- Seattle Seahawks

Intra-Conference (NFC South)

- New Orleans Saints
- Tampa Bay Buccaneers

Inter-Conference (AFC East)

- Buffalo Bills
- Miami Dolphins

Standings-Based

- NFC North TBD (based on 2027 finish)

Standings-based opponents are intra-conference (NFC) and inter-conference (AFC) and are determined by where the Los Angeles Rams finish in the 2027 NFC West standings. The Los Angeles Rams face the same-position finisher in the rotation divisions above.