




















2026 NEW YORK GIANTS REGULAR SEASON SCHEDULE

MetLife Stadium - East Rutherford, NJ - All times Eastern

WK	DATE	LOC	OPPONENT	TIME (ET)	TV / STREAM
1	Sun, Sept 13	vs 	Dallas Cowboys	8:20 PM	NBC
2	Mon, Sept 21	@ 	Los Angeles Rams	8:15 PM	TBA
3	Sun, Sept 27	vs 	Tennessee Titans	1:00 PM	CBS
4	Sun, Oct 4	vs 	Arizona Cardinals	1:00 PM	CBS
5	Sun, Oct 11	@ 	Washington Commanders	1:00 PM	FOX
6	Sun, Oct 18	vs 	New Orleans Saints	1:00 PM	FOX
7	Sun, Oct 25	@ 	Houston Texans	1:00 PM	TBA
8	-		BYE	-	-
9	Sun, Nov 8	@ 	Philadelphia Eagles	1:00 PM	FOX
10	Thu, Nov 12	vs 	Washington Commanders	8:15 PM	TBA
11	Sun, Nov 22	vs 	Jacksonville Jaguars	1:00 PM	CBS
12	Sun, Nov 29	@ 	Indianapolis Colts	1:00 PM	TBA
13	Sun, Dec 6	vs 	San Francisco 49ers	1:00 PM	FOX
14	Sun, Dec 13	@ 	Seattle Seahawks	4:25 PM	TBA
15	Sun, Dec 20	vs 	Cleveland Browns	1:00 PM	TBA
16	Mon, Dec 28	@ 	Detroit Lions	8:15 PM	TBA
17	Sun, Jan 3	@ 	Dallas Cowboys	1:00 PM	TBA
18	TBD	vs 	Philadelphia Eagles	TBA	TBA