



# 2026 LOS ANGELES RAMS

## REGULAR SEASON SCHEDULE

SoFi Stadium - Inglewood, CA

WK	DATE	OPPONENT	LOCATION	TIME (ET)	TV
1	Thu, 9/10	<b>San Francisco</b>	vs.	8:35 PM	Netflix
2	Mon, 9/21	<b>N.Y. Giants</b>	vs.	8:15 PM	ESPN,ABC
3	Sun, 9/27	<b>Denver</b>	@	8:20 PM	NBC
4	Sun, 10/4	<b>Philadelphia</b>	@	1:00 PM	FOX
5	Mon, 10/12	<b>Buffalo</b>	vs.	8:15 PM	ESPN,ABC
6	Sun, 10/18	<b>Arizona</b>	vs.	4:05 PM	FOX
7	Sun, 10/25	<b>Las Vegas</b>	@	4:25 PM	FOX
8	Sun, 11/1	<b>L.A. Chargers</b>	vs.	4:05 PM	FOX
9	Sun, 11/8	<b>Washington</b>	@	1:00 PM	FOX
10	Sun, 11/15	<b>Arizona</b>	@	4:05 PM	CBS
11	BYE	<b>BYE WEEK</b>			
12	Wed, 11/25	<b>Green Bay</b>	vs.	8:00 PM	Netflix
13	Thu, 12/3	<b>Kansas City</b>	vs.	8:15 PM	Prime Video
14	Sun, 12/13	<b>San Francisco</b>	@	4:25 PM	FOX
15	Sun, 12/20	<b>Dallas</b>	vs.	4:25 PM	CBS
16	Fri, 12/25	<b>Seattle</b>	@	8:15 PM	FOX
17	TBD	<b>Tampa Bay</b>	@	TBD	TBD
18	TBD	<b>Seattle</b>	vs.	TBD	TBD

*All times Eastern. Schedule subject to flex scheduling and broadcast network changes.*