




















2026 LOS ANGELES RAMS

REGULAR SEASON SCHEDULE

SoFi Stadium - Inglewood, CA - All times Eastern

WK	DATE	LOC	OPPONENT	TIME (ET)	TV / STREAM
1	Thu, Sept 10	vs 	San Francisco 49ers	8:35 PM	TBA
2	Mon, Sept 21	vs 	New York Giants	8:15 PM	TBA
3	Sun, Sept 27	@ 	Denver Broncos	8:20 PM	TBA
4	Sun, Oct 4	@ 	Philadelphia Eagles	1:00 PM	TBA
5	Mon, Oct 12	vs 	Buffalo Bills	8:15 PM	TBA
6	Sun, Oct 18	vs 	Arizona Cardinals	4:05 PM	TBA
7	Sun, Oct 25	@ 	Las Vegas Raiders	4:25 PM	TBA
8	Sun, Nov 1	vs 	Los Angeles Chargers	4:05 PM	TBA
9	Sun, Nov 8	@ 	Washington Commanders	1:00 PM	TBA
10	Sun, Nov 15	@ 	Arizona Cardinals	4:05 PM	TBA
11	-		BYE	-	-
12	Wed, Nov 25	vs 	Green Bay Packers	8:00 PM	TBA
13	Thu, Dec 3	vs 	Kansas City Chiefs	8:15 PM	TBA
14	Sun, Dec 13	@ 	San Francisco 49ers	4:25 PM	TBA
15	Sun, Dec 20	vs 	Dallas Cowboys	4:25 PM	TBA
16	Fri, Dec 25	@ 	Seattle Seahawks	8:15 PM	TBA
17	Sun, Jan 3	@ 	Tampa Bay Buccaneers	TBA	TBA
18	TBD	vs 	Seattle Seahawks	TBA	TBA